



POLAND, KRAKÓW - ARŁAMÓW, AUGUST 22-28, 2016



DEAR FRIENDS,

It is a great honour both for the Polish Simmental Cattle Breeders Association and for our country to host our friends from all over the world – breeders and friends of Simmental cattle. We meet in the Polish Carpathian Mountains, in the area where the Simmental cattle was brought already in the 18th century; in Poland, this is the most important breeding region.



In 1997, our small Association in Ulm near Munich was accepted to the European circle of Simmental cattle breeders; in 2013, we joined the World Simmental-Fleckvieh Federation. The population of Simmental cattle in Poland is slight; it encompasses approx. 60,000 animals, and membership in the European and international associations of Simmental cattle breeders is a great opportunity for our breeders on account of increasing interest in the Simmental cattle, tripling of the number of evaluated animals and spreading of Simmental cattle onto the area of the entire country.

Being one of smaller Associations, we feel at ease in the World Federation and we were met with great kindness, especially on the part of countries which are leaders in the international breeding of Simmental cattle. We are learning and making use of the international accomplishments, but we would also like to present our accomplishments to you. Therefore, we have a pleasure of inviting you to our farms where Simmental cattle is bred; in particular, we would like you to visit Rudawka Rymanowska, one of the most beautiful parts of South-Eastern Poland and join us at the National Exhibition of Simmental Cattle. Our breeders are awaiting your arrival impatiently.

During the visit in Poland, we will make sure that you feel at home. Poland is a country with a great variety of natural assets and many tourist attractions that we wish to make you familiar with, starting with the city of kings, i.e. Kraków, Rzeszów, the capital of Podkarpacie Province as well as the Bieszczady and the Beskidy Mountains, two mountain ranges forming a part of the Polish Carpathian Mountains.

We are looking forward to your response.

Edgar Beneš

President of the Polish Simmental Cattle Breeders Association



PRE-CONGRESS AUGUST 22-24, 2016 – KRAKÓW

TIME	PROGRAMME	LOCATION	
	AUGUST 22, 2016 MONDAY		
15.00 - 21.00	Arrival in Kraków Guided optional tour to Martyrdom Museum Auschwitz-Birkenau (meeting point Holiday Inn Kraków)	Hotel Holiday Inn (Kraków, Wielopole 4)	
17.00 - 22.00	Registration of delegates		
20.00 - 22.00	Dinner in Holiday Inn		
	AUGUST 23, 2016 TUESDAY		
09.00 - 11.00	Registration of delegates		
11.00-17.00	Krakow city sightseeing including lunch in the local restaurant (meeting point Holiday Inn Kraków)	Hotel Holiday Inn (Kraków, Wielopole 4)	
20.00 - 22.00	Dinner in Holiday Inn		
	AUGUST 24, 2016 WEDNESDAY		
08.30	Check-out, departure from the hotel in Kraków	Wieliczka	
09.00-13.30	Tour to Wieliczka Salt Mine including lunch in the salt mine		
13.30	Transfer to Krasne after the tour		

CONGRESS AUGUST 24-28, 2016 – ARŁAMÓW

TIME	PROGRAMME	LOCATION		
AUGUST 24, 2016 WEDNESDAY				
08.30 - 13.00	Registration of delegates	Hotel Holiday Inn (Kraków, Wielopole 4)		
13.00	Transfer from Kraków to Krasne			
13.00 - 18.00 15.00	Registration of delegates Transfer from Congress Center Rzeszów Jasionka to Krasne	Congress Center Rzeszów Jasionka		
16.00 -17.30	Visit in Małopolska Biotechnics Center - MBC	Krasne		
17.30	Transfer from Krasne to CC Rzeszów Jasionka			
18.00 - 21.00	Opening Ceremony & Welcome dinner attended by the Minister of Agriculture and Rural Development and the Marshal (head of regional administration) of the Podkarpackie Region	Congress Center Rzeszów Jasionka		
21.00 - 23.00	Transfer to Arłamów for overnight	Hotel Arłamów		

TIME	PROGRAMME	LOCATION			
	AUGUST 25, 2016 THURSDAY				
08.00 - 10.00	Registration	Hotel Arłamów			
COUNCIL MEMBERS PROGRAMME					
09.00-12.15	ESF Council Meeting	///////////////////////////////////////			
12.15-13.15	Lunch	Hotel Arłamów			
13.15-16.00	WSFF Council Meeting	7//////////////////////////////////////			
16.15-18.20	Tour of Bieszczady and Solina Lake	Bieszczady area			
PROGR	AMME FOR OTHER PARTICIPANTS AND ACCOME	PANYING PERSONS			
09.00-12.00	Visits of the Simmental farms	<u> </u>			
12.00-13.00	Transfer to Sanok	Bieszczady area			
13.00-14.00	Lunch in Sanok	& Sanok Open Air			
14.00-18.20	Sightseeing of the Open-air Museum in	Museum			
	Sanok & tour of Bieszczady and Solina Lake				
	ALL PARTICIPANTS				
18.20 - 19.30	Ride Bieszczadzka Forest Railway	Bieszczady area			
19.30 - 21.00	Transfer to the hotel				
21.00 - 23.00	Dinner	Hotel Arłamów			
	AUGUST 26, 2016 FRIDAY				
09.00-13.00	21 World Congress – morning session				
13.00-14.00	Lunch				
14.00-17.30	21 World Congress – afternoon session	Hotel Arłamów –			
19.00	Gala dinner				
	AUGUST 27, 2016 SATURDAY				
08.30-12.00	Visits of the Simmental farms	Bieszczady area			
12.00-20.00	12th National Simmental Cattle Exhibition	M			
	Lunch at the exhibition	Rudawka Rymanowska			
	Breeders' evening – dinner	<u> </u>			
20.00-21.30	Return to Arłamów for overnight	Hotel Arłamów			
	AUGUST 28, 2016 SUNDAY				
10.00	Check out and departure for Rzeszów &	1//////////////////////////////////////			
	Krakow (Rzeszów & Krakow airport)	Y/////////////////////////////////////			

REGISTRATION FEES PER PERSON	BEFORE 23.05.2016	AFTER 24.05.2016.
Congress fee 24-28.06.2016.	500€	600€
Accommodation - Hotel Arłamów (4 nights/sgl room)	388€	388€
Accommodation - Hotel Arłamów (4 nights/dbl room)	216€	216€
Precongress 22-24.08.2016. Kraków		
Fee + accommodation (Holiday Inn - 2 nights/sgl room)	460€	500€
Fee + accommodation (Holiday Inn - 2 nights/dbl room)	350€	390€
Fee + accommodation (Wyspiański - 2 nights/sgl room)	344€	384€
Fee + accommodation (Wyspiański - 2 nights/dbl room)	280€	320€

REGISTRATION FEE INCLUDES:

- All the activities mentioned in the schedule
- Ground transfers
- Meals according to the program
- Accommodation per person (based on sgl or twin room) in Kraków
- Hotel Holiday Inn **** (pre congress 2 nights); in Arłamów Hotel Arłamów **** (main congress 4 nights)
- Congress registration is available online at: www.wsffcongress2016.pl

CANCELLATION POLICY:

- Cancellation or change must be notified in writing (email or fax) to Symposium Cracoviense.
- Cancellation or changes made by phone call will not be accepted.
- Cancellations received within June 22, 2016: complete refund
- Cancellations received from June 23 to July 22, 2016: 50 % refund
- Cancellations received after July 23, 2016 to the congress date: full penalty (no refund)

No shows: full penalty (no refund)

HOLIDAY INN HOTEL*****

Address: 4, Wielopole street ,Kraków Ph. +48 12 619 00 00

The stylish Holiday Inn Kraków City Centre hotel is conveniently located in the heart of Kraków's Old City, only minutes away from the main Market Square, Kazimierz Jewish Quarter, Wawel Castle, the central train station and bus terminal, and Kraków's biggest shopping centers. The luxury hotel itself is a unique architectural blend of a 19th century palace encompassed by modern buildings.

It houses 237 comfortable, air-conditioned rooms, all with free wireless Internet access. The hotel offers large health club and top class conference facilities.



The trendy Reflections Lobby Bar & Café is known for its excellent coffee, famous tapas dishes and other delicious, light meals. The Impresja and The City restaurants features Mediterranean cuisine. Our Kraków hotel is the only place in Poland that offers freshly cooked and catered-in Glatt Kosher meals. Other facilities: an underground garage, a business centre, a mini gym and massage room. Wireless Internet access is available free of charge in all rooms and all common areas.

HOTEL WYSPIAŃSKI***

Address: 15, Westerplatte street, Kraków Ph. + 48 12 422 95 66

Hotel Wyspianski is a 3-star modern and comfortable hotel with an excellent accommodation at reasonable prices. The hotel is situated in the very heart of Kraków, less than five hundred yards away from Kraków's Market Square, the town's historical and cultural centre. The major sights and attractions of Kraków Old Town and the ones of Jewish Quarter are in the short distance from Wyspiański Hotel. Whether you come to Kraków – by plan, car,



bus, car or train the hotel is very easily available. Whether you are in Kraków for tourist or business purposes, the Wyspiański hotel with its numerous rooms offers professional and friendly services.



ARŁAMÓW HOTEL***

Address: Arłamów 38-700 Ustrzyki Dolne Ph. + 48 13 443 10 00

Located on top of a hill and offering a three storey spa and wellness centre, a golf course and a ski complex, as well as an outdoor thermal pool and a helicopter and small plane landing pad, 4-star Hotel Arłamów features air-conditioned, modern rooms. It consists of two parts, a modern one and a historic residence. Every room in Arłamów has free Wi-Fi access, a safe, a flatscreen TV and an electric kettle. There is also a bathroom with a shower and a hairdryer.

The hotel features a sports swimming pool, a recreational pool and a children's pool. The spa centre offers beauty treatment, massages, a choice of saunas and steam baths, an ice room and an outdoor and indoor spa baths. Children will enjoy

a day care and a games room, with qualified staff. There is also a fishing pond with fishing equipment, a ski, bicycle and Nordic walking equipment rental, indoor and outdoor tennis courts as well as a squash court and a sports hall featuring a volleyball, basketball and futsal fields with audience seats. Hotel Arłamów also has a football field, a fitness room with a gym, a climbing wall and a shooting range.

There are three restaurants offering international and Polish, as well as regional dishes, featuring game meat. There are two taverns, one located right by the skiing slopes, a café and a bar, as well as a night club with a bowling alley and billiards tables.

AUSCHWITZ BIRKENAU

The Auschwitz camp, established by the Nazis in 1940 in the suburbs of the city of Auschwitz, has become a symbol of terror, genocide and the Holocaust. Historians estimate that in less than five years of the camp's existence 1-1.5 million people were killed in Auschwitz, most of them - approximately 1-1.35 million were Jews. In the former camp there are still ruins of the gas chambers, miles of barbed wire fence and the railway platform where the doomed people arrived, all of which greatly impress the visitors. The tour of the Museum, included on the UNESCO World Heritage List in 1978, comprises both parts of the former



concentration camp - Auschwitz I and Auschwitz II-Birkenau - and a documentary film presenting the first moments after the camp was liberated.

KRAKÓW CITY SIGHTSEEING

Kraków, the former capital of Poland and a European centre of culture, art and science, is a city that offers a wide range of tourist attractions. The tour will begin from visiting the Jewish District of Kazimierz to explore the area which used to be inhabited by one of the most diverse Jewish communities in Europe. Afterwards, the tour will be continued along the Royal Way from the Barbican (city gates) and the St. Florian's Gate to the Wawel Hill.

Krakow's Old Town, with its unique architecture, was labelled World Heritage Site by UNESCO in 1978. The heart of the city is located in the Main Square, the biggest market square of medieval Europe, with its remarkable 16th-century Sukiennice (Cloth Hall), an example of Gothic-Renaissance architectural style. The visit to Old Town will include a walk across the Main Square and seeing the Church of the Virgin Mary (Kosciol Mariacki), which boasts



one of the greatest Gothic altars in Europe, carved by the great Veit Stoss (Wit Stwosz). Lunch will be served in one of the Polish typical restaurants in Old Town.

WIELICZKA SALT MINE

As you descend the 380 steps into the depths of the salt mine you get the impression that you are entering a magical underground city full of mysterious grottos and subterranean lakes. As you walk along the 3.5-kilometre route you will be able to admire original appliances and mining equipment as well as chapels forged out of salt, including the largest and most beautiful of them all – the Chapel of St. Kinga, the patron saint of salt miners. This subterranean church is richly adorned with candelabras, sculptures and figures of saints carved in salt. You return to the



surface via the lift in the Daniłowicz shaft, which is another attractive part of the mine, a UNESCO World Heritage Site. Lunch in Salt Mine.



VISIT OF MAŁOPOLSKIE BIOTECHNICS CENTER (MCB) IN KRASNE

Małopolskie Biotechnics Center (MCB) in Krasne has The European Union Licence EU 18161901 as the first centre in Poland. The region of its activity consists of 4 voivodeships: malopolskie, opolskie, podkarpackie and slaskie. This region is characterised by beautiful landscape and wonderfull tourism, the national culture and variety of folklor. Its agriculture is differentiated either in area or in production. The area is rich in greenland, what predestines it to produce milk cattle and also high quality beef. MCB in Krasne full-

fills all needs of such differentiated agriculture, offering genetic material of the highest quality in all breeds. The scale of inseminating services throughout a year is as follows: - insemination of cows and heifers - 250,000 - insemination of sows - 90,000 - insemination of bees - 9,000 - a low scale of insemination of goats and rabbits.

BIESZCZADY REGION

The region around the Bieszczady, in the far southeastern corner of Poland, is one of thick forests and open meadows. Scantily populated and unspoilt, it's one of the most attractive areas of the country. As tourist facilities are modest, roads sparse and public transport limited, the Bieszczady region retains its relative isolation and makes for an offthe-beaten-track destination. It's popular with nature-lovers and hikers. Among many historical and cultural sites, the most popular is Sanok Open Air Museum - one of the biggest skansens in Poland. It was established in 1958 and contains 200 buildings which have been relocated from different areas of Sanok Land (Bieszczady, Low Beskids, Pogórza, Doły Jasielsko Sanockie). The museum shows 19th and early 20th century life in this area of Poland. The park is divided into distinct but similar-looking sections - each featuring an ethnic



group living in the region prior to the post-WWII forced resettlements. (Boykos, Lemkos), Dolinians (Dale Dwellers) and Polish Uplanders (pl. Pogorzanie) homes and churches have been transported there from surrounding villages, restored to original condition and furnished with authentic objects of the period. Bieszczadzka Forest Railway is another exciting attraction of the Bieszczady mountains. It was established at the end of the 19th century. In the past it was used for transporting timber, at present, it carries tourists. We organise for all participants the ride through the Bieszczady forests.

NATIONAL SIMMENTAL CATTLE EXHIBITION

Under the patronage of the Polish Simmental Cattle Breeders Association, an annual exhibition of Simmental cattle is organised in Rudawka Rymanowska. On the one hand, the exhibition provides an opportunity for presenting the breeding and production accomplishments, as well as production efforts and effects of perfected utility features. On the other, it is a great occasion for exchange of thoughts, beliefs and experiences in the course of conducted meetings and discussions attended by farmers, breeders and representatives of breeding associations, agricultural services, as well as academics from institutes and universities related to agriculture. Discussions refer to current problems and the perspective of further development of animal production. The participation of breeders/ farmers, presentation



of best and most beautiful animals and distributed distinctions and prizes mobilise the participants to obtain better and better results. Looking at the animals presented at the exhibition, one can be certain that breeding animals in good environmental and nutritional conditions ensures milk, meat and eggs of high quality.

TRAVEL INFORMATION 💨

Kraków is located in the south part of Poland with easy access by planes (direct flights from many European airports), cars (A4 motorway) or trains (Vienna, Berlin, Budapest, Kiev, Prague, Warsaw). Transport from the airports: there is a train service from the airport to the city centre. Alternatively, you can reach the centre by taxi. which is available at the front door of the airport.

Rzeszów is located 170 km east of Kraków at the motorway A4, it can be reached by planes to the airport Rzeszów Jasionka (direct flights from Frankfurt, London and Warsaw).



LANGUAGE

The official language in Poland is Polish, but many Poles, particularly younger people, speak English.

HEALTH & EMERGENCY

No vaccination certificates are required on entry except for those countries registered in epidemic areas. In case of an emergency those dialling from a land line or public payphone should use the following numbers: 999 for an ambulance, 998 for the fire brigade and 997 for the police. Mobile phone users should call 112 to be forwarded to the relevant department.

LOCAL TIME

Poland is in the Central European (CET) time zone (GMT +1 hr). Polish summer time (GMT + 2 hrs) starts and ends on the last Sundays of March and October.

ELECTRICITY

Electricity in Poland is 230V, 50HzAC. Plug sockets are round with two round pin sockets.

WEATHER

Temperatures in Krakow & Rzeszów in August may vary from 18 to 32°C. Usually, there is a lot of sunshine at this time of the year, but rain is possible.

MONEY

The standard unit of currency of Poland is zloty. Currency can be exchanged at airports, banks and currency exchange offices (kantor). You will get a better deal by using a kantor. Exchange rates; 1 USD = 3,85 PLN (rate 2-11-2015), 1 EURO = 4,25 PLN (rate 2-11-2015). In the hotels only Polish zlotys or credit cards will be accepted.





ORGANISER:

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